



**Occupational Health and Industrial Safety Management:
Health, Safety and Environment**

February 10 – 14, 2025, 1st Run: Lagos & Port Harcourt

August 11 – 15, 2025, 2nd Run: Lagos & Abuja

For Tutor -Led Class: 9am – 4:30pm

Workshop fee: N300, 000 per Participant

For online: Delivery via Zoom

Time: 9am – 4:00pm everyday

Online course fee: N250, 000 per Participant

Available for In-plant Training

**700 USD for foreign
Participants**

Program Overview:

Accidents, injuries, sickness and insecurity are daily facts of life. However, the world of work exposes working people in a peculiar way making them more vulnerable to these accidents. Precaution therefore, is vital if industrial accidents are to be minimized and productivity improved. This can be achieved through training and retraining thereby creating awareness in the mind of the workers. This workshop is therefore designed to enable participants develop requisite skills for enhancing industrial safety in their work environments.

For Whom:

Operation managers, Supervisors, Project Team Leaders, Foremen, Plant managers, Factory managers and workers who are prone to occupational accident in their work environment in Oil and Gas, Manufacturing, Construction and Engineering Services industries that find the programme relevant.

Learning Objectives:

At the end of the program, participants will be able to:

- * define and explain safety issues within and around their work environment;
- * identify causes of occupational health hazards/industrial accidents;
- * investigate and identify measures by which losses, resulting from avoidable accidents can be reduced;
- * explain the role of insurance in industrial safety management; and
- * design relevant safety communication channels/measures to control and reduce occupational health hazards

Course Outline:

Day 1: The concept of occupational health and industrial safety:

- Accidents, injuries, sickness and insecurity In the work environment
 - Factories Act & Decree
- Introduction to safety at work:
 - Risk assessment and Accident Concepts
- Accidents:
 - Causes in work environments
 - Accidents reporting procedures.

Day 2: Identifying and tackling occupational health and safety hazards in the work environment

- Health, Safety and Environment Management System and its implementation
- Hazard identification and control,

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Lagos: Human Capital Associates Global Consult Ltd: Acme House 2nd Floor, Ogba Industrial Scheme, Ogba, Ikeja – Lagos

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- Application of job hazard analysis,
- First Aid and CPR
- Implementing occupational health and safety management system in the work environment

Day 3: Injuries: a matter of probabilities, HSE performance indicators, Loss time injury frequency (LTIF)

- Understanding workplace ergonomics Workplace interactions,
- Ergonomic risk factors:
- Ergonomics of Computer usage,
- lifting techniques
- Types and uses of personal protective safety devices in the work environment

Day 4: Accidents investigation, reporting and prevention

- Accidents and injuries at work
- Identifying causes of accidents
- Contributing causes of accidents
- Immediate causes of accidents
- Effects and costs of accidents
- Reporting requirements
- Importance of prevention

Day 5: Fire safety: Prevention, detection and fire crisis management in the work environment

- Contingency planning/crisis management in the work environment
- Industrial safety plan and implementation schedule / awareness creation
- Waste management recycling option, abating environmental pollution
- Role of insurance in industrial safety management

Training Methodology

Lectures, discussions, exercises, case studies, Audio-visual aids will be used to reinforce these Teaching/learning methods

LOCATIONS

1 - HCA Learning Centre. Acme House 2nd Floor, 23, Acme Road, Ogba, Industrial Scheme, Ikeja, Lagos, Nigeria

2 - Pearls Learning Hub, Plot 756, Opposite Divine Hand of God Ministry, Area 1, Garki, Abuja.

3 – Pakiri hotel Ltd., 4 Okwuruola Street, off Stadium Road, Rumuola, Port Harcourt, Rivers State.

Open Course Fee: N300, 000
In-plant Fee Negotiable

WORKSHOP FEE:

N300, 000 per participant, VAT –N22, 500

Note: this covers Workshop Fee, Tea/coffee break, Lunch, course materials and certificate of attendance.

Payment should be made into our Accounts:

Account Name: Human Capital Associates Global Consult Ltd.

Union Bank of Nig. PLC: Account No: 0097961537

First Bank of Nig. PLC: Account No: 2033683960

Keystone Bank Ltd.: Account No: 1007150325

For Booking / Enquiry, Call: 234-8051365946, 234-7087578814
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